

# Adult Gymnastics

## AZ Phoenixes Open Gym



**IT'S TIME!**

**If you are 18+ come join us starting  
January 10th for Friday Night Open Gym!**

*Whether you're a seasoned veteran or a  
first-time-flipper, you are welcome to join!*

### **What you need:**

- 1.) Active Health Insurance Card**
- 2.) Gymnastics Membership through AAU  
{ \$55 for the year; select Non-Athlete, Adult  
Program, Gymnastics }**
- 3.) Cleared Background Check through AAU**

**Admission: \$15**

**Friday nights 7:45-9 :45**

**@ Aspire Kids Sports  
Center**

**Register for AAU**

